

Disclaimer

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A private session with Lisa Cairns is NOT a replacement for or substitute to face-to-face, in-person, qualified medical, psychological, psychiatric or legal advice, diagnosis or treatment. Lisa is not a medical doctor nor a licensed psychotherapist. Lisa does not diagnose, cure, heal, or treat disease or psychological conditions or otherwise prescribe any kind of medication whatsoever. If you think you are suffering from a medical or psychological disorder or condition, please consult your doctor or other appropriately qualified professional person or service immediately. You are invited to consult your doctor and/or therapist about one-to-ones sessions, meetings or retreats with Lisa Cairns in order to make an educated and informed decision as to whether or not they are right for you. **IF YOU ARE CONSIDERING OR CONTEMPLATING SUICIDE OR FEEL THAT YOU MAY BE A DANGER TO YOURSELF OR OTHERS, PLEASE NOTIFY THE POLICE OR CONTACT YOUR LOCAL EMERGENCY MEDICAL SERVICES IMMEDIATELY.** Never, ever disregard professional advice or delay seeking professional advice as a result of something you have read on this site or from anything that Lisa says or writes to you. Lisa shall not be liable for claims or damages, and expressly disclaims any and all liability of any nature, for any action, or non-action, taken as a result of his one-to-one sessions, meetings or retreats. The word “counselling” or “consultation” here is not used as a medical term, but simply describes an in-depth, honest, exploratory, private and confidential conversation. Sessions with Lisa may be considered “spiritual” in nature rather than therapeutic or prescriptive. A one-to-one session, meeting or retreat is intended and designed to be informational and educational for you, and provide information, support and encouragement based on information what you choose to share with Lisa. You are fully and solely responsible for all information that you provide to Lisa, for your interpretation of Lisa’s words and actions, and for all actions resulting from or relating to your encounter with Lisa. Lisa does not guarantee or warrant any particular outcome or result from your session, meeting or retreat, or other kind of encounter, with her, and makes no claims as to the effectiveness of the sessions. Using Lisa's services is entirely at your own risk without warranty of any kind, either expressed or implied, including without limitation any warranty for information given, advice, or opinion. The services are requested by your own choice and with your inherent singular responsibility. Thank you for your understanding.